

# Understanding the Causes and Consequences of Physician Burnout

## From A Patient Care Perspective

“Physician burnout doubled the risk of adverse patient safety incidents and led to a poorer overall quality of care and decreased patient satisfaction.”

- American Journal of Medicine Report



Online Survey results find an overall physician burnout rate of 42%

## Why Burnout Happens

An undue amount of administrative work and unreliable electronic health record systems typically make the top of the list for the causes of burnout. One survey cites insufficient reimbursement, lack of autonomy, and too many hours at work as contributors as well.

## Reducing Burnout



Challenges such as poor interoperability, excessive data entry, and “death by 1,000 clicks” are rampant in the EHR space. Other than time and stress management techniques, using a reliable, cloud-based EHR that also provides virtual care technology can be a powerful tool that prevents burnout.

## Specialties With Highest / Lowest Burnout Rates

The specialties with the highest burnout rates range from 54% - 46% and include Urology, Neurology, Endocrinology, Family Medicine, and Radiology.



The specialties with the lowest burnout rates range from 29% - 35% and include Public Health, Ophthalmology, Psychiatry, Otolaryngology, and General Surgery.

